



CLIFDEN STATION HOUSE HOTEL
Connemara

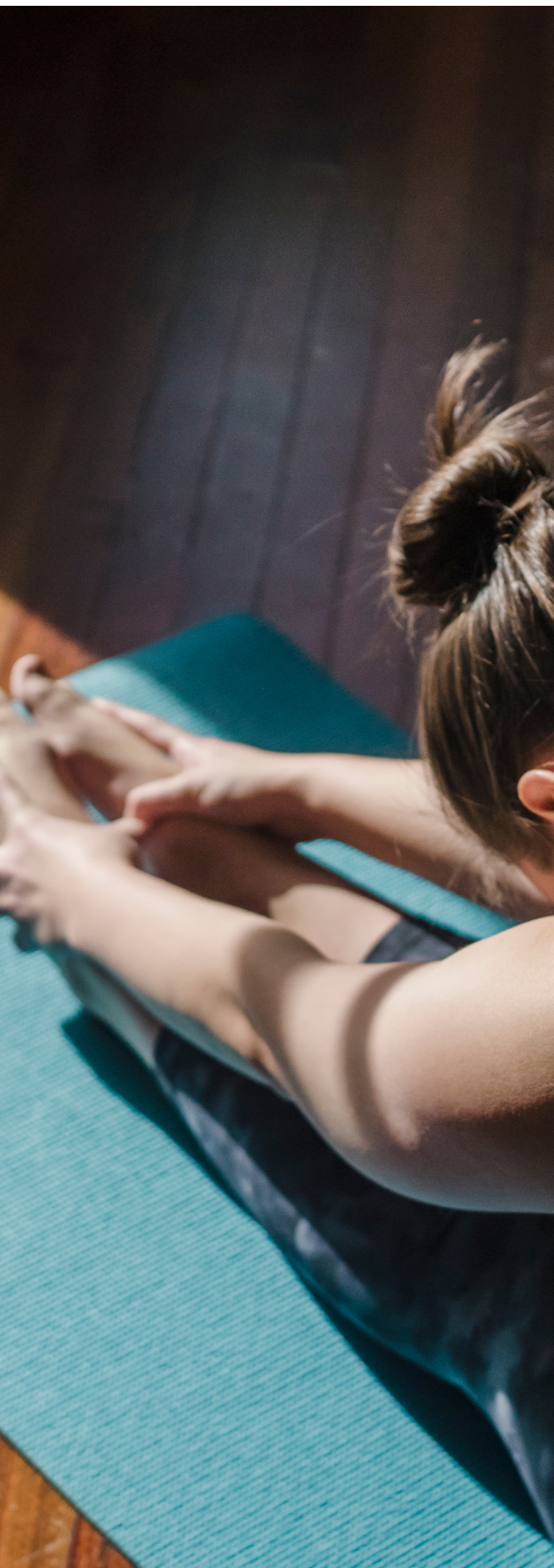
CORPORATE OFFERS

2023



WELLNESS PACKAGES
CHRISTMAS IN CONNEMARA
GIFT CARD OFFERS
TEAM BUILDING BREAKS

NOVEMBER WELLNESS BREAKS



Discover Relaxation and Rejuvenation in Connemara

Welcome to Clifden Station House Hotel, where tranquility meets productivity. We understand the importance of well-being in the corporate world, and we invite you to experience our November Corporate Wellness Breaks. Immerse yourself in a serene environment while enjoying a range of activities designed to enhance your physical and mental well-being.

Tailored Programmes for Your Group

Our expert instructors will curate a personalised programme of daily activities exclusively for your group. Choose from a variety of classes to suit your needs and preferences:

- 1. Pilates:** Strengthen your core and improve flexibility through a series of low-impact exercises. Perfect for enhancing posture and promoting overall body balance.
- 2. Yoga:** Connect your mind, body, and spirit through a harmonious blend of poses, breathing exercises, and meditation. Achieve inner peace and enhance your focus.
- 3. Meditation:** Relax your mind and find inner calmness through guided meditation techniques. Experience mental clarity and reduce stress levels.
- 4. Mindfulness:** Learn to be fully present in the moment and cultivate a greater sense of awareness. Explore techniques to manage stress and improve well-being.
- 5. Resistance Band Training:** Tone and strengthen your muscles using resistance bands. Enjoy a full-body workout that can be tailored to your fitness level.
- 6. Tai Chi:** Experience the flowing movements of this ancient Chinese martial art. Improve balance, flexibility, and mental clarity through gentle, meditative exercises.
- 7. Stress Management & Motivation:** Discover stress management & motivation through resilience building, time management, and positive psychology practices. Unlock your potential for personal and professional success.

Leisure Centre and Swimming Pool

As our guest, you will have complimentary access to our leisure centre and swimming pool. Take a refreshing dip, enjoy a leisurely swim, or unwind in the Jacuzzi, sauna or steam room. Our facilities are designed to rejuvenate both body and mind.

Carriage Restaurant

Our award winning Head Chef Pascal Marinot has curated a menu using the finest local fresh produce and featuring some of Connemara's most famous exports; Killary Mussels, Connemara Lamb, Cleggan Bay Crab, and more. A native to Provence, Pascal has a traditional approach to French Cooking and Cuisine. Having lived and worked in Connemara for the last 30 years, he has applied this approach to the regions favourite dishes, with wonderful results. We are also delighted to introduce a new extensive Wine List this Spring, carefully selected by James Miley of Vineyard Wines. It offers great variety across the new and old world, with something to suit all tastes.

November 2023 Dates:

Mon 6th – Fri 10th

Mon 13th – Fri 17th

To enquire about packages outside these dates, email james@clifdenstationhouse.com

From €375 Per Person Sharing
From €515 Single Occupancy



Sample Wellness Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Check In	<div>10am-11am Pilates</div> <div>11:30am-12:30pm Mindfulness</div> <div>5pm-6pm Yoga & Meditation</div>	<div>10am-11am Resistance Bands</div> <div>11:30am-12:30pm Aqua Aerobics or Mindfulness</div> <div>5pm-6pm Yoga</div>	<div>10am-11am Pilates</div> <div>11:30am-12:30pm Aqua Aerobics or Mindfulness</div> <div>5pm-6pm Qi Gong & Tai Chi</div>	Check Out

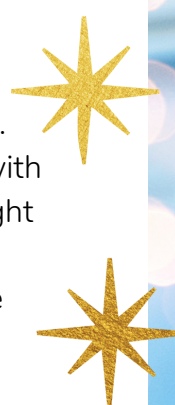


CHRISTMAS IN CONNEMARA

CORPORATE PARTY NIGHTS

With the festive season just around the corner, we are thrilled to invite you to our festive Christmas Party Nights. Nestled in the heart of Connemara, Ireland's captivating countryside, our hotel provides a truly enchanting backdrop for an unforgettable holiday event. We understand the importance of celebrating success, fostering team spirit, and creating lasting memories, and our Christmas Party Nights offer a seamless blend of gourmet dining, merriment, and impeccable service, ensuring your colleagues, clients, and partners have an extraordinary evening of festive indulgence.

Event Highlights:

- **Festive Atmosphere:** Immerse yourself in the holiday spirit as our beautifully decorated venue creates a magical ambiance. An escape from the usual, come to the Clifden Station House with twinkling lights, elegant Christmas trees, and seasonal decorations will transport you into a Christmas wonderland.
 - **Gourmet Delights:** Indulge in a mouth-watering culinary journey with our delectable Christmas menu. Our talented chefs have carefully crafted a sumptuous feast featuring traditional favourites and delightful seasonal twists, from succulent roast turkey & ham to our chef's festive mince pies.
 - **Live Entertainment:** Enjoy a night filled with entertainment that will keep you on your feet. Each Party night has a Prosecco Reception with live Piano man on arrival. Later, dance the night away with our late night DJ. This will be an evening of laughter, dancing, and memorable moments.
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- **Special Accommodation Offers:** Extend your festive celebrations by taking advantage of our special accommodation offer. Make a night of it and enjoy a relaxing stay in our cozy bedrooms and wake up to relive the laughter over Breakfast the next morning.
- **Professional Service:** Our dedicated events team is committed to ensuring that every detail of your Christmas Party Night is flawless. From the initial planning stages to the execution of the event, our experienced staff will be there to assist you every step of the way.

Available Dates: December 1st, 8th, 9th or 15th

Our 2023 package is priced at **€100 per person sharing or €135 single occupancy** for overnight Bed & Breakfast with a Prosecco Reception, Gourmet 4 course Christmas Meal, and late DJ.

For any inquiries or to request a package quote:

email: james@clifdenstationhouse.com

Or **call us on 09521699**



CHRISTMAS MENU

STARTER

Butternut Squash & Ginger Soup, Beetroot Crisp
 Connemara Smoked Salmon & Crab Meat Roulade
 Chicken Liver Pâté with Cranberry Sauce

MAIN COURSE

Honey Baked Ham & Roasted Turkey, Red Wine & Cranberry Jus
 Pan Fried Fillet of Hake, Fennel & Chorizo Fricassée
 Slow Roast Connemara Lamb Shoulder, Garlic Jus
 All Main Courses Served with Creamed Potato, Honey Roast Vegetables, Brussels Sprouts & Braised Red Cabbage

DESSERT

Homemade Apple & Blueberry Crumble with
 Creme Anglaise

Tea, Coffee & Festive Mince Pies



SPA & LEISURE

UNWIND, RECHARGE & EMERGE REVITALISED

Renew Spa - Tailor-Made Packages for You

At Renew Spa, we understand the importance of personalized pampering. Our dedicated team of professional therapists will work with you to create a tailor-made spa package that perfectly suits the needs of your corporate group. Whether you prefer a relaxing massage, a rejuvenating facial, or a comprehensive wellness retreat, we will ensure your experience exceeds expectations.

Unwind in Our Complimentary Leisure Facilities

As a valued guest of Clifden Station House Hotel, you will have exclusive access to our complimentary leisure facilities. Dive into relaxation as you take a dip in our 18m swimming pool or indulge in the soothing warmth of our Jacuzzi. For a deeper sense of calmness, step into our steam room or sauna and let the stress melt away. Our leisure facilities are designed to provide the perfect sanctuary for busy professionals. We also offer a range of fitness classes and aqua aerobics for individuals and groups.

Tailored Experiences for Corporate Groups

We understand that each corporate group has unique preferences and requirements. Our dedicated team is committed to curating experiences that cater specifically to your group's needs. Whether it's arranging a customized spa package, organizing team-building activities, or accommodating special requests, we go above and beyond to ensure your stay with us is exceptional.



GIFT CARD PROMOTIONS

Reward Your Corporate Partners and Staff 20% Off for Corporate Customers

This holiday season, show your appreciation to your valued staff and corporate partners with the Clifden Station House Hotel Gift Card Promotion. Delight your associates with the gift of a getaway, where they can experience exceptional service, breathtaking surroundings, and unforgettable moments.

With our promotion, corporate customers who spend over €5000 will receive an exclusive 20% off the total.

Why Choose Clifden Station House Hotel?

Nestled in the heart of scenic Connemara, our hotel offers a unique blend of comfort, style, and impeccable hospitality. From our well-appointed rooms to our outstanding facilities, we strive to exceed expectations at every turn. We offer the perfect base to explore some of the regions many highlights; drive the scenic Sky Road, uncover history at Derrigimlagh Discovery Point, explore Kylemore Abbey & Victorian Gardens, or hike the Diamond in Connemara National Park.

Leisure at your fingertips

With the Clifden Station House Hotel Gift Card, your corporate partners will have access to an array of amenities designed to enhance their stay. They can relax and rejuvenate in our spa and leisure facilities, enjoy a dip in our swimming pool, and indulge in gourmet dining at our Carriage Restaurant. Our goal is to create an environment where they can unwind, recharge, and embrace relaxation.

Flexible and Personalized

We understand that each customer is unique, which is why our gift cards offer flexibility and personalization. You can choose the value of the gift card based on your budget and the occasion.

To avail of this promotion email:
james@clifdenstationhouse.com
or call us on **09521699**



THEATRE & TEAM BUILDING

The Clifden Station House Hotel Theatre is the perfect venue for your business gatherings. With its spacious seating arrangement and audiovisual equipment, it provides an ideal setting for presentations, conferences, and team-building activities. Our theatre can accommodate up to 200 people in tiered seating, allowing you to effectively communicate your message to your team or clients.

For more intimate meetings, we offer a selection of smaller boardroom facilities. Whether you require a space for a small team brainstorming session or a high-profile client presentation, we have boardrooms of various sizes to cater to your specific needs.

But it's not all business; We understand the importance of relaxation and enjoyment after a productive day. That's why our theatre is not limited to corporate events. We also offer movie screenings, including fun sing-along nights featuring popular musical movies. Gather your colleagues and let loose, singing along to your favorite tunes while enjoying the magic of the big screen.

We understand the importance of fostering strong bonds and enhancing teamwork within your organization. That's why we've teamed up with Real Adventures Connemara, renowned experts in outdoor experiences, to curate an exceptional package tailored to meet the needs of corporate groups.

Real Adventures Connemara brings a wealth of expertise and an array of thrilling activities to your teambuilding experience. Whether your team is seeking an adrenaline rush or a more relaxed adventure, we have something for everyone. Explore the stunning landscapes of Connemara through exciting activities such as kayaking, coasteering, hill walking, hiking, rock climbing, stand up paddle boarding, surfing and more. Real Adventures Connemara also offers tailor-made team-building programs, incorporating a blend of adventure, problem-solving, and leadership exercises. These activities are designed to foster communication, trust, and cooperation within your team, while promoting personal growth and resilience.



For any inquiries or to request a package quote please email:

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