



Starters

Main

Signal Bar Soup of the Day (v) Homemade Brown Bread (1-wheat, 7, 11)	€6.50	
Atlantic Seafood Chowder Homemade Brown Bread (1-Wheat, 5, 7, 9, 11, 12)	€8.95	
Steamed Killary Fjord Mussels White Wine, Garlic & Shallot with Garlic Bread (1-wheat, 4, 11, 12)	€11.95	€19.95
Signal Bar Caesar Salad Baby Cos Lettuce, Garlic Croutons, Crispy Bacon, Parmesan Shavings, Homemade Caesar Dressing (1-Wheat, 9, 10, 11) Add Chicken +€2 Add Prawns +€4 (5)	€9.50	€15.95
Chickpea, Pickled Beetroot & Sweet Potato Salad (v) Beetroot Hummus, Mixed Seeds & Leaves (11, 13, 14)	€9.50	€15.95
Connemara Salmon & Crab Roulade Mild Wasabi Seeds, Mixed Leaves, Lemon & Olive Oil Dressing (5, 6, 9, 14)	€12.50	
Dried Connemara Lamb & Feta Cheese Salad Mint Yoghurt Dressing (10, 11, 12)	€10.50	
Buffalo Chicken Wings Garlic Mayonnaise, Celery Sticks (6, 10, 12)	€10.95	€16.95

1-Gluten, 2- Lupin, 3- Soya, 4- Molluscs, 5- Crustaceans, 6- Eggs, 7-Celery, 8- Peanuts
9- Fish, 10- Mustard, 11- Milk, 12- Sulphur Dioxide, 13- Nuts, 14- Sesame



Main Courses

Des Moran's 6 Oz Gourmet Irish Beef Burger Sourdough & Sesame Seed Bun, Cheddar, Bacon, Garlic Mayo, Rustic Fries, Dressed Leaves, House Slaw (1-Wheat,3, 6, 10, 11, 14)	€ 19.95
Slow Cooked Beef Stew Creamed Potatoes, Roast Root Vegetables (7, 11, 12)	€19.95
Slow Braised Connemara Lamb Shank Creamed Potatoes, Tender Stem Broccoli, Chantenay Carrots, Red Wine Jus (€5 Supplement for Dinner Inclusive Guests) (7, 11, 12)	€ 29.95
Pan Fried Fillet of Connemara Salmon Baby Potatoes, Tender Stem Broccoli, Chantenay Carrots, Lemon & Caper Butter (9, 11, 12)	€25.95
Pan Fried King Prawns Garlic, Chilli, Lime, Coriander & Stir-Fried Vegetables, with Steamed Rice (3, 5, 14)	€ 25.95
Lightly Battered Fresh Fish & Chips Rustic Fries, Homemade Tartar Sauce, Dressed Leaves, House Slaw (1-Wheat, 6, 9, 10)	€ 19.95
Lemon & Thyme Chicken Skewers Rustic Fries, Lemon & Thyme Yoghurt, Dressed Leaves, House Slaw (11)	€ 17.95
Thai Green Curry (v) Courgette, Green Pepper, Baby Corn + Add Chicken €2 + Add Prawn €4 (5)	€ 17.95

1-Gluten, 2- Lupin, 3- Soya, 4- Molluscs, 5- Crustaceans, 6- Eggs, 7-Celery, 8- Peanuts
9- Fish, 10- Mustard, 11- Milk, 12- Sulphur Dioxide, 13- Nuts, 14- Sesame



Pizza

Flying Scotsman Homemade Tomato Sauce, Mozzarella (1-Wheat, 11)	€14.95
Ghan Homemade Tomato Sauce, Mozzarella, Pepperoni (1-Wheat, 11)	€16.95
Orient Express Homemade Tomato Sauce, Mozzarella, Parma Ham, Mushroom (1-Wheat, 11) (1-Wheat, 11)	€17.95
Golden Arrow Homemade Tomato Sauce, Feta, Caramelised Red Onion, Sweetcorn, Rocket (1-Wheat, 11, 12)	€17.95
Trans-Siberian Homemade Tomato Sauce, Chorizo, Moran's Pork Sausage, Caramelised Onion, Rocket (1-Wheat, 3, 10, 11, 12)	€18.95
Build Your Own;	€14.95
Pepperoni, Parma Ham, Chorizo, Chicken, Blue Cheese	@ €2
Pork Sausage, Mushroom, Sweet Corn, Caramelised Onion, Pineapple	@ €1
Peppers, Jalapenos, Olives, Fresh Chilli, Feta, Rocket	@ €1

Sides

Rustic Fries	€4.50
Steamed Vegetables (11)	€4.50
Onion Rings (1 Wheat)	€4.50
Mixed Baby Leaves Salad (10)	€4.50
Garlic Bread (1 Wheat, 11)	€4.50

1-Gluten, 2- Lupin, 3- Soya, 4- Molluscs, 5- Crustaceans, 6- Eggs, 7-Celery, 8- Peanuts
9- Fish, 10- Mustard, 11- Milk, 12- Sulphur Dioxide, 13- Nuts & other nuts, 14- Sesame